



PIRATES '09 ON THE RUN

5K & 10K RACES and KIDS' FUN RUNS

SATURDAY, FEBRUARY 21, 2009

**ST. PETER'S CHURCH
FERNANDINA BEACH, FL
5K/10K BEGINS AT 8:30 AM**

RACE ROUTE

Scenic NEW course winds through Fernandina Beach and includes a cross-country segment. The 5K and 10K courses are clearly marked and accurate, with Champion Chip timing. The race starts at St. Peter's Church, Atlantic Ave at 9th Street. Both courses run through Fernandina's side streets and onto Egan's Creek Greenway where runners will enjoy beautiful views of nature and wildlife through a hard-packed grass route. Pirates in full costume will be posted along the course and handing out Mardi Gras beads to runners. For more course details, please visit www.AmeliaIslandRunners.com. No strollers, dogs or headphones in the 5K/10K.

KIDS' FUN RUNS

A half-mile and one-mile fun run for children 10 and younger begins at 9:45 a.m. Children's entry fee is \$10. Awards will be presented to the top three girls and boys in the one-mile run.

REGISTRATION & FEES

\$20.00 per person through February 15, 2009 (\$5 discount for AIR members through February 15)

\$25.00 per person February 16 through day of race

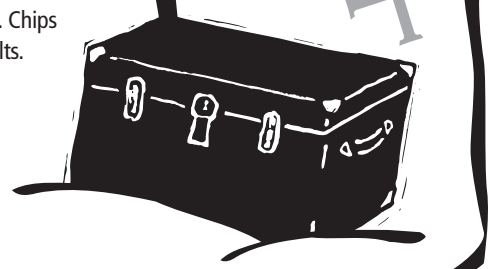
Pre-Registration: Drop off entries at Nassau Health Food Store (833 T J Courson Rd, in front of Wal-Mart). You may also mail entries to Amelia Island Runners, P.O. Box 15322, Fernandina Bch, FL 32035, or register online at www.AmeliaIslandRunners.com. Preregistration closes February 19 at 5 p.m.

Champion Chip Pickup and Day of Race Registration: Begins at 7:00 a.m. at St Peter's Church. *NO REGISTRATIONS WILL BE ACCEPTED AFTER 8:00 a.m. THE DAY OF THE RACE.* Please register early. Chips must be returned after the race. You must wear a chip on your shoe to be included in the race results.

Race Packet/Number Pick-up: All pre-registered runners can pick up race packets at Nassau Health Food Store on Friday, February 20, from 9:00 am to 6:00 pm. Race packets can also be picked up at St Peter's Church on race-day beginning at 7:00 a.m.

Make checks payable to:
Amelia Island Runners

SPONSORED BY:



AWARDS/ POST-RACE CELEBRATION

Pancake breakfast FREE to all runners and just \$5 for any non-runners.

Long-sleeve t-shirt for the first 400 runners to sign up!

DOOR PRIZES! Raffle grand prize of a 4-DAY, 3-NIGHT STAY FOR 2 at Amelia Island Plantation!

5K/10K awards, male and female:

**Overall, masters, grandmasters, and 3-deep in these age groups:
3-10, 11-13, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.**

Race benefits the AIR high school cross country scholarships and St Peter's mission trips!

DROP-OFF ENTRIES: NASSAU HEALTH FOOD STORE
833 T J Courson Rd, Fernandina Beach, FL 32034
(in front of Wal-Mart) 904-277-3158

MAIL ENTRIES: AMELIA ISLAND RUNNERS
P.O. Box 15322, Fernandina Beach, FL 32035 • 904-624-0027
or register online at: www.AmeliaIslandRunners.com

PLEASE PRINT: Name _____

Age on Race Day: _____ Male Female

Address _____

T-Shirt Size: ADULTS: S M L XL

City _____ State _____ Zip _____

KIDS: S M

Home phone _____ E-Mail _____

Race Distance: 5K Run 10K Run

KID'S FUN RUN: 1/2 Mile 1 Mile

WAIVER: BY MY SIGNATURE I ACKNOWLEDGE THAT: Participating in an organized running event is a potentially hazardous activity. I will not participate unless physically and medically able. I agree to abide by all decisions of race officials relative to my ability to safely complete the race course. I assume all risks associated with participating in this event including but not limited to: Slip/trip/fall, contact with other participants, weather conditions, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and in consideration of entry into this event being accepted, I, for myself and anyone named or entitled to act on my behalf, waive and release members and volunteers of Amelia Island Runners, Inc. (AIR), Road Runners Club of America (RRCA), the city of Fernandina Beach, county of Nassau, state of Florida and all sponsors, their representatives and successors, from all claims and/or liabilities of any kind arising out of my participation in this event, including any liability that may arise out of carelessness or negligence by persons or organizations named in this waiver. I agree and grant permission that should circumstances arise, I defer to race officials and/or qualified persons as to my need to be examined and/or treated medically during the race. I agree that race officials and/or qualified persons have the right to disqualify and remove me from the race course should I be suffering from a life-threatening condition. I further grant to Releases the right to use any and all photographs, images, or accounts of this event in any matter that they feel appropriate. I agree to abide by all RRCA Guidelines, including but not limited to: No use of headphones or any other device that limits awareness of the participant, or any type of wheeled conveyance (excluding use by handicapped or physically disabled participants). Animals are prohibited from the race course unless for the use and assistance of handicapped or physically disabled participants. I also understand that I must return the Champion Chip transponder or I will be billed \$30 as replacement cost. No refunds or multiple awards.

I have read and understand the above release. I agree with all of the terms of the release and I certify that I am over the age of 18 or have parent/guardian signature below.

Participant Signature _____ Date _____

I certify that I am the parent or guardian of the above named participant. I agree with and expressly adopt all of the terms of this release.

Parent/Guardian Signature _____ Date _____

PLEASE NOTE:
If you have your own Champion Chip number, please enter your Chip Number below and save \$2 on your race application!