

"Cops and Kids" 5K Walk/Run

904-225-0331

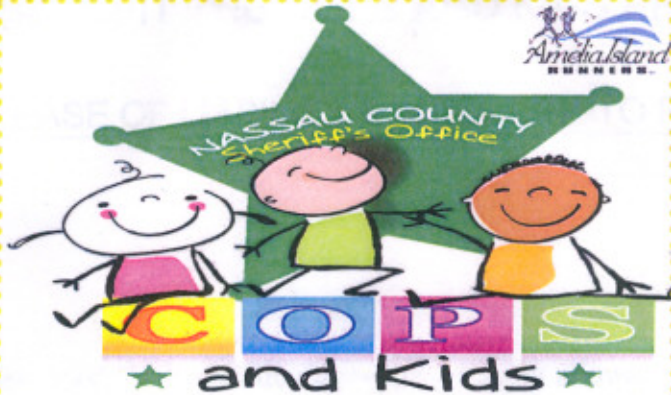
Nassau County Sheriff's Office

904-879-1563

Saturday, April 10, 2010, Fernandina Beach, FL
Fort Clinch State Park, 2601 Atlantic Avenue
7:30 a.m. Registration/ 9:00 a.m. Start

The Nassau County Sheriff's Office welcomes all runners, joggers and walkers to the first ever "Cops and Kids" 5K Walk/Run. All ages are eligible to participate. The race will take place in the scenic Fort Clinch State Park. The course is paved and shaded. Admission to the park that day is included in the registration fee. Please arrive early for registration. The 5K non-competitive walk will begin behind the runners. Bathrooms are located inside the park.

The race will not be officially timed. But, we will provide two digital clocks for your personal timing. There will be prizes awarded to the top four male and female runners. Routes will be clearly marked and water stations will be provided throughout the route. Snacks will be provided at the end of the race. Animals are prohibited from the race course unless for the use and assistance of handicapped or physically disabled participants.



About Cops and Kids: Many families are facing tough economic times. The Nassau County Sheriff's Office is working to help children in need through "Cops and Kids." This program allows disadvantaged youth in Nassau County to get school supplies and shop for Christmas presents with a Nassau County Sheriff's Deputy.

Sheriff Tommy Seagraves started the program in 2006. Since then deputies have been able to help more than 850 children in the area through donations from the community.

"Cops and Kids" is part of the Sheriff's Foundation of Nassau County, Inc. The goal of the foundation is to promote public safety through education, public awareness and charitable activities.

If you would like to make a donation to the foundation or "Cops and Kids," make checks payable to Nassau County Sheriff's Office Foundation.

5K Walk/Run Registration & Fees: \$25 per person, \$35 per person on day of the event. There will be no refunds.

Pre-Registration: Drop off entries at the Nassau County Sheriff's Office at 76001 Bobby Moore Circle, Yulee, Florida 32097. Office hours are Monday - Friday 8 a.m. - 5 p.m. You may also mail in entries. All pre-registered participants will receive a "Cops and Kids" T-shirt the morning of the event, while supplies last.

Day of Race Registration: Begins at 7:30 a.m. inside Fort Clinch State Park. Registration ends at 8:30 a.m. Directions and parking will be available at the front gate.

Race Packet/Number Pick-up: All pre-registered runners will pick up their numbers, course map and T-shirts at the registration table the day of the event.

Additional Drop Off Sites:

Anytime Fitness (Callahan)
45007 State Road 200
(904) 879-2747

YMCA (Fernandina Beach)
1915 Citrona Drive
(904) 261-1080

Drop Off /Mail Nassau County Sheriff's Office

Make Checks Payable to: Nassau County Sheriff's Office Foundation

Entries: 76001 Bobby Moore Circle
Yulee, Florida 32097 (904) 548-4009

Please Print Name: _____

Age Day of the Race: _____ **Male** _____ **Female** _____ **Home Phone:** _____

Address: _____ **T-Shirt Size (Circle):** S M L XL XXL Youth S Youth M

City _____ **State** _____ **Zip** _____ **5K Walk** _____ **5K Run** _____

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL FREE (800-435-7352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE REGISTRATION # CH28050

THE SHERIFF'S FOUNDATION OF NASSAU COUNTY

5K WALK/RUN

TO BENEFIT THE COPS AND KIDS PROGRAM

RELEASE OF LIABILITY & VIDEO/PHOTO RELEASE

Release of Liability

In consideration of the Sheriff's Foundation of Nassau County allowing me to participate in the 5K Walk/Run to benefit the Cops and Kids Program (hereinafter "5K event"); I, the undersigned participant (hereinafter "Participant") hereby agree to assume all risks, both known and unknown, while participating in the 5K event. I understand that participation in the 5K event involves inherent risks and dangers. I attest that I am physically fit and sufficiently trained for this 5K event and that I will not participate unless physically and medically able to. I, the undersigned participant, (and if participant is under 18 years of age, the parent and guardian of participant) on behalf of my heirs, estate, insurers, successors and assigns, hereby waive, release, and discharge the Sheriff's Foundation of Nassau County, the Nassau County Sheriff's Office, and/or any of their officers, agents, employees or volunteers from any and all liability, loss, damage, claim, action or demand arising from or attributable to my participation in the 5K event, including, but not limited to, liability that may arise out of the carelessness or negligence on the part of the persons or entities mentioned in this release.

Initial

Video/Photo Release

I understand that during the 5K event, my photograph and/or photograph of my child/children may be taken by members of the Nassau County Sheriff's Office, sponsors, organizer, and/or assigns. I agree that my photograph and/or the photograph of my child/children, including video photography, film photography, or other reproduction of my likeness of my child/children, may be used without charge by the Nassau County Sheriff's Office, the Sheriff's Foundation of Nassau County, sponsors, organizers and/or its assigns for such purposes as they deem appropriate.

Initial

I have carefully read, understood and approve the RELEASE OF LIABILITY and VIDEO/PHOTO RELEASE. I understand that I will give up substantial rights by signing this form, and sign voluntarily.

PARTICIPANT SIGNATURE: _____

PRINT NAME: _____

ADDRESS: _____

DATE: _____

*****If the participant is a minor, the parent or guardian must read and sign below: *****

I am the parent or legal of guardian the above-named Participant. On behalf of the Participant, I hereby irrevocably and unconditionally agree to all the terms of this release and authorization document.

Parent or Legal Guardian Signature

Print Name

Date