

☆ **Saturday, December 13, 2008** ☆
 ☆ Presented by Amelia Island Runners ☆ ☆

REINDEER RUN

5K/10K • 1.5 MILE WALK • KIDS' RUNS
ATLANTIC AVE REC CENTER • FERNANDINA BEACH • 8:30 AM

CHIP TIMING: The 5K/10K race will be timed using Champion Chips. To be timed, you must wear a chip on your shoe! Chips must be picked up at the Atlantic Recreation Center on race morning, starting at 7 a.m., and returned after the race. (They will not be in your race packet.) If you have your own chip, enter your chip number on the entry form below and deduct \$2.00. You must preregister to use your own chip.

AWARDS AND GOODIES: Awards ceremony, festivities with prizes, food and drinks in the Rec Center auditorium following the race. Preregistered 5K/10K runners and walkers will receive a coupon for a free weekday breakfast at Elizabeth Pointe Lodge. 5K/10K walkers and runners also qualify for the raffle grand prize of a 4-day, 3-night stay at the Amelia Island Plantation. Must be present to win. Save your bib number for the raffle!

5K/10K ROUTE • 8:30 A.M. START • CHAMPION CHIP TIMING

Starts on Atlantic Avenue between the Atlantic Recreation Center and the Fort Clinch State Park entrance, 2500 Atlantic Ave., Fernandina Beach. The 10K (6.2-mile) goes into Fort Clinch toward the fort, then back toward the park entrance. BOTH RACES WILL FINISH ON JEAN LAFITTE BLVD. EAST OF THE ATLANTIC REC CENTER PARKING LOT. Markers and police will be posted to show runners where to cross Atlantic Ave. to reach the finish line. Be aware that traffic will be on the courses.

The 1.5-mile walk begins behind the racers. Routes will be clearly marked, and water stations will be provided. The 5K and 10K races begin together at 8:30 a.m., with the walk at 8:35 a.m.

KIDS' RUN FOR FUN • 9:45 A.M. START

The 1/2- and 1-mile Run for Fun is for children age 10 and younger. Entry fee is \$10. Ribbons will be awarded to each child finisher. Be aware that traffic will be on the courses. Parents are encouraged to run (*for free*) with their children!

AWARDS

5K/10K awards, male and female: Overall, masters, grandmasters, and 3-deep in these age groups: 3-10, 11-13, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

5K & 10K / 1.5-MILE WALK REGISTRATION & FEES

\$20 per person prior to Dec. 7, 2008. (AIR members, \$15). \$25 per person after Dec. 7 through day of race.

Pre-Registration: Drop off entries at the YMCA, 1915 Citrona Drive, Fernandina Beach. You may also mail entries to Amelia Island Runners, P.O. Box 15322, Fernandina Beach, FL 32035, or register online at www.ameliainlandrunners.com. (Please note, AIR member discount not available online.) Preregistration ends at 5 p.m. Thursday, Dec. 11.

Day of Race Registration: Begins at 7 a.m. at the Atlantic Recreation Center. NO REGISTRATIONS WILL BE ACCEPTED AFTER 8 A.M. THE DAY OF THE RACE. Please register early.

Race Packet/Number Pick-up: All registered runners and walkers can pick up their race numbers at the YMCA, (904) 261-1080, on Friday, Dec. 12 from 7 a.m. to 7 p.m. You may also pick up your race number at the Atlantic Rec Center on race day beginning at 7 a.m.

No strollers, dogs or headphones in the 5K/10K. No refunds, multiple awards or walking awards. Make checks payable to Amelia Island Runners. Free parking will be available at the Atlantic Recreation Center and at Main Beach. No parking along Atlantic Avenue. Come early for best parking!

TO BENEFIT:

- FRIENDS OF FORT CLINCH
- HEALTHY FAMILIES/HEALTHY START
- NASSAU HUMANE SOCIETY

5K/10K EVENTS RUN THROUGH FORT CLINCH STATE PARK

HOLIDAY-THEMED T-SHIRTS AND FREE BREAKFAST COUPON TO ALL PRE-REGISTERED 5K/10K RUNNERS AND WALKERS. RAFFLE GRAND PRIZE OF AN AMELIA ISLAND PLANTATION GETAWAY!



SPONSORED BY:



FOR MORE RACE INFORMATION AND LATE UPDATES, PLEASE VISIT AMELIAISLANDRUNNERS.COM

DROP-OFF ENTRIES: YMCA
 1915 Citrona Drive, Fernandina Beach, FL 32034
 904-261-1080

MAIL ENTRIES: AMELIA ISLAND RUNNERS
 P.O. Box 15322, Fernandina Beach, FL 32035 • 904-491-0369
 or register online at: www.AmeliainlandRunners.com

PLEASE PRINT: Name _____
 Address _____
 City _____ State _____ Zip _____
 Home phone _____ E-Mail _____

Age on Race Day: _____ Male Female

T-Shirt Size: ADULTS: S M L XL KIDS: S M

Race Distance: 5K Run 10K Run 1.5 Mile Noncompetitive Walk

KID'S FUN RUN: 1/2 Mile 1 Mile

WAIVER: BY MY SIGNATURE I ACKNOWLEDGE THAT: Participating in an organized running event is a potentially hazardous activity. I will not participate unless physically and medically able. I agree to abide by all decisions of race officials relative to my ability to safely complete the race course. I assume all risks associated with participating in this event including but not limited to: Slip/trip/fall, contact with other participants, weather conditions, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and in consideration of entry into this event being accepted, I, for myself and anyone named or entitled to act on my behalf, waive and release members and volunteers of Amelia Island Runners, Inc. (AIR), Road Runners Club of America (RRCA), the city of Fernandina Beach, county of Nassau, state of Florida and all sponsors, their representatives and successors, from all claims and/or liabilities of any kind arising out of my participation in this event, including any liability that may arise out of carelessness or negligence by persons or organizations named in this waiver. I agree and grant permission that should circumstances arise, I defer to race officials and/or qualified persons as to my need to be examined and/or treated medically during the race. I agree that race officials and/or qualified persons have the right to disqualify and remove me from the race course should I be suffering from a life-threatening condition. I further grant to Releases the right to use any and all photographs, images, or accounts of this event in any matter that they feel appropriate. I agree to abide by all RRCA Guidelines, including but not limited to: No use of headphones or any other device that limits awareness of the participant, or any type of wheeled conveyance (excluding use by handicapped or physically disabled participants). Animals are prohibited from the race course unless for the use and assistance of handicapped or physically disabled participants. I also understand that I must return the Champion Chip transponder or I will be billed \$30 as replacement cost.

I have read and understand the above release. I agree with all of the terms of the release and I certify that I am over the age of 18 or have parent/guardian signature below.

Participant Signature _____ Date _____

I certify that I am the parent or guardian of the above named participant. I agree with and expressly adopt all of the terms of this release.

Parent/Guardian Signature _____ Date _____

PLEASE NOTE:
If you have your own Champion Chip number, please enter your Chip Number below and save \$2 on your race application!